

Thematic Review

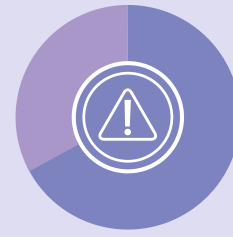
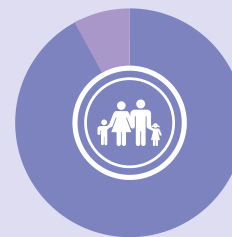
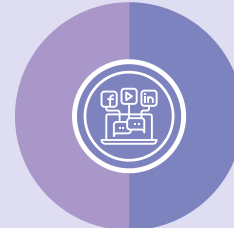
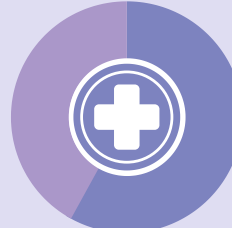
Deaths of Children and Young People through probable suicide 2014 - 2020

As a partnership making **zero** suicides in Surrey is our ambition.
(Surrey Suicide Strategy 2019-2020)

What we did:

- Convened cross-sectoral panel
- Reviewed literature
- Identified and reviewed the deaths from the Surrey Child Death Overview Panel Database

12 young people were included in the review



Opportunities not to be missed:



Better knowledge and awareness for parents

Exploration of evidence-based ways of increasing knowledge and awareness of self-harm and other risk factors for suicide; safety planning; help seeking, accessing services and tackling stigma along with tailored support so they can support their children.



All Surrey schools are engaging and accessing the Targeted Approaches to Mental Health in Schools initially undertaking the Emotional Wellbeing and Mental Health Training before accessing additional training, including training to support schools with their understanding of self-harm, in order to ensure that more targeted training is embedded in a whole school approach to prevention.



Work across the County to mitigate ACEs optimising provision and access and ensuring continued engagement with interventions for children who have experienced ACEs such as household mental illness or domestic abuse; and engagement with SSCP Partnership to raise awareness of the importance of protecting children from the effects of household mental illness and domestic abuse to prevent suicide and self-harm.



Prevention of alcohol & substance misuse

Ongoing action to restrict access of children and young people to alcohol, and full implementation of NICE guidance to prevent substance misuse, since alcohol and substance misuse pose a particular risk to children at risk of suicide.



Timely support for children and young people in crisis, with support for completing effective referrals to be offered by CAMHS and support for other professionals and organisations working with those children and young people. Where suicide risk of the child or young person is recognised, risk assessments are updated in a timely manner by healthcare professionals including CAMHS.



Implementing a Surrey Healthy Schools Approach

All Surrey schools are engaging and taking a Surrey Healthy Schools approach, which includes the delivery of known evidence based programmes and supports access to specialist mental health advice and pathways for sign-posting. The Surrey Healthy Schools Self-Evaluation Tool will signpost schools to appropriate support and guidance and will assist them in developing appropriate actions to aid physical and mental health and wellbeing.



Suicide cluster response plan

The Surrey Suicide Prevention Partnership should ensure they have built in preparing for clusters into their local suicide prevention plans and this should be linked into the Surrey CDOP processes.



Management of self harm

Full implementation of NICE guidance for the management of self-harm relating to children and young people.



Professionals must be clear that young people's need to be safeguarded overrides their right to confidentiality.