**Bereavement Support for Parents/Carers**

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| **Organisation** | **Who?** | **When** | **Telephone** | **Website/Email** |
| **Child Bereavement UK** | **Parents/Carers****Relatives/Siblings** | **Mon-Fri: 9am-5pm** | **0800-0288840** | **Website:** [**childbereavementuk.org**](http://www.childbereavementuk.org)**Email:** **support@childbereavementuk.org** |
| **Child Death Helpline** | **Anyone affected by the death of a child of any age and from any cause** | **Every eve: 7pm-10pm****Mon-Fri: 10am-1pm +****Tues&Wed: 1pm - 4pm** | **0800-282986****or****0808-8006019 (if calling from mobile)** | **Website** [**childdeathhelpline.org.uk**](http://www.childdeathhelpline.org.uk)**Email:** **contact@childdeathhelpline.org** |
| **The Compassionate Friends** | **For bereaved parents and their families** | **Daily: 10-4pm & 7-10pm****Phone always answered by a bereaved parent** | **0345-1232304** | **Website**: [**tcf.org.uk**](http://www.tcf.org.uk)**Email:** **helpline@tcf.org.uk** |
| **The Lullaby Trust** | **Support & advice following the sudden death of an infant** | **Mon-Fri: 10am-5pm****Sat/Sun & Public holidays:6pm-10pm** | **0808-8026868** | **Website**: [**lullabytrust.org.uk**](http://www.lullabytrust.org.uk)**Email:** **support@lullabytrust.org.uk** |
| **Bliss** | **Support following death of a premature baby** | **Mon-Wed: 10am-12 noon & 7pm-9pm****Thurs & Fri: 10am-12noon** | **0808-8010322** | **Website**: [**bliss.org.uk**](http://www.bliss.org.uk)**Email:** **hello@bliss.org.uk** |
| **SANDS** | **Support following death of a baby** | **Mon-Fri: 9.30-5.30pm****+Tues/Thurs: 6 -10pm** | **0808-1643332** | **Website**: [**sands.org**](http://www.uk-sands.org)**Email:** **helpline@uk-sands.org** |
| **SOBS****(Survivors of Bereavement by Suicide)** | **Support for those bereaved by suicide** | **Every day****9am-9pm** | **0300-111 5065** | **Website: uk-sobs.org.uk/****Email:** **sobs.admin@care4free.net****Surrey branch:** **sobsguildford@gmail.com** |
| **Cruse Bereavement Care** | **Adults affected by death** | **Mon-Fri: 9.30am-5pm****Tues/Wed/Thur:til 8pm** | **0808-8081677** | **Website:** [**cruse.org.uk**](http://www.cruse.org.uk)**Email:** **helpline@cruse.org.uk** |
|  **Cruse**  | **Surrey Heath & Waverley** | **Answerphone available** | **01483-565660** | **Website:** [**cruse.org.uk/South-West-Surrey-area**](http://www.cruse.org.uk/South-West-Surrey-area)**Email:** **southwestsurrey@cruse.org.uk** |
| **Cruse** | **South East Surrey** | **Answerphone available** | **01737-772834** | **Website:** [**cruse.org.uk/surrey-east-area**](http://www.cruse.org.uk/surrey-east-area)**Email:** **surrey.east@cruse.org.uk** |
| **Cruse** | **Epsom, Ewell & Mole Valley** | **Answerphone available** | **0208-3937238** | **Website:** [**cruse.org.uk/surrey-east-area**](http://www.cruse.org.uk/surrey-east-area)**Email:** **surrey.east@cruse.org.uk** |
| **Cruse** | **Surrey North** | **Answerphone available** | **01932-571177** | **Website:** [**cruse.org.uk/surrey-north-area**](http://www.cruse.org.uk/surrey-north-area)**Email:** **surreynorth@cruse.org.uk** |
| **Care for the Family: Bereaved Parent Support**  | **Support following loss of a child** | **Mon:9.30-5pm****Tues-Thurs: 9-5pm****Fri: 9-4.30pm** | **029-2081 0800** | **Website:** [**careforthefamily.org.uk**](http://www.careforthefamily.org.uk)**Email:** **mail@cff.org.uk** |

**Bereavement Support for Children & Young People**

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| **Organisation** | **Who?** | **When** | **Telephone** | **Website/Email** |
| **Winston’s Wish** | **Support for children, young people & families** | **Mon-Fri: 9am-5pm (except bank holidays)****& Wed evenings** **7pm - 9.30pm** | **0808-8020021** | [**Website:** **winstonswish.org.uk**](http://www.winstonswish.org.uk)**Email:** **info@winstonswish.org.uk** |
| **Jigsaw4u (south east)** | **Support for children, young people & families living in Surrey** | **Mon-Fri: 9am - 5pm** | **O208 687 1384****01342-313895** | **Website:** [**www.jigsaw4u.org.uk**](http://www.jigsaw4u.org.uk)**Email:** **info@jigsawsoutheast.org.uk** |
| **Grief Encounter** | **Support for children and their families** | **Mon-Fri: 9am - 5pm** | **0208-3718455** | **Website:** [**griefencounter.org.uk**](http://www.griefencounter.org.uk)**Email:** **contact@griefencounter.org.uk** |
| **Hope Again****(Cruse Bereavement Care)** | **Support for bereaved Young People** | **Mon-Fri: 9.30am - 5pm** | **0808-808 1677** | **Website:** [**hopeagain.org.uk**](http://www.hopeagain.org.uk)**Email:** **hopeagain@cruse.org.uk** |
| **Seeds of Hope** | **Garden based at Guildford Cathedral****Helps children & young people with loss** | **Open 7 days per week** | **01483-547880****Telephone to arrange a Visit** | **Website:** [**seedsofhopechildrensgarden.co.uk**](http://www.seedsofhopechildrensgarden.co.uk)**Email:****seedsofhopechildrensgarden@yahoo.co.uk** |