**Bereavement Support for Parents/Carers**

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| **Organisation** | **Who?** | **When** | **Telephone** | **Website/Email** |
| **Child Bereavement UK** | **Parents/Carers**  **Relatives/Siblings** | **Mon-Fri: 9am-5pm** | **0800-0288840** | **Website:** [**childbereavementuk.org**](http://www.childbereavementuk.org)  **Email:** [**support@childbereavementuk.org**](mailto:support@childbereavementuk.org) |
| **Child Death Helpline** | **Anyone affected by the death of a child of any age and from any cause** | **Every eve: 7pm-10pm**  **Mon-Fri: 10am-1pm +**  **Tues&Wed: 1pm - 4pm** | **0800-282986**  **or**  **0808-8006019 (if calling from mobile)** | **Website** [**childdeathhelpline.org.uk**](http://www.childdeathhelpline.org.uk)  **Email:** [**contact@childdeathhelpline.org**](mailto:contact@childdeathhelpline.org) |
| **The Compassionate Friends** | **For bereaved parents and their families** | **Daily: 10-4pm & 7-10pm**  **Phone always answered by a bereaved parent** | **0345-1232304** | **Website**: [**tcf.org.uk**](http://www.tcf.org.uk)  **Email:** [**helpline@tcf.org.uk**](mailto:helpline@tcf.org.uk) |
| **The Lullaby Trust** | **Support & advice following the sudden death of an infant** | **Mon-Fri: 10am-5pm**  **Sat/Sun & Public holidays:6pm-10pm** | **0808-8026868** | **Website**: [**lullabytrust.org.uk**](http://www.lullabytrust.org.uk)  **Email:** [**support@lullabytrust.org.uk**](mailto:support@lullabytrust.org.uk) |
| **Bliss** | **Support following death of a premature baby** | **Mon-Wed: 10am-12 noon & 7pm-9pm**  **Thurs & Fri: 10am-12noon** | **0808-8010322** | **Website**: [**bliss.org.uk**](http://www.bliss.org.uk)  **Email:** [**hello@bliss.org.uk**](mailto:hello@bliss.org.uk) |
| **SANDS** | **Support following death of a baby** | **Mon-Fri: 9.30-5.30pm**  **+Tues/Thurs: 6 -10pm** | **0808-1643332** | **Website**: [**sands.org**](http://www.uk-sands.org)  **Email:** [**helpline@uk-sands.org**](mailto:helpline@uk-sands.org) |
| **SOBS**  **(Survivors of Bereavement by Suicide)** | **Support for those bereaved by suicide** | **Every day**  **9am-9pm** | **0300-111 5065** | **Website: uk-sobs.org.uk/**  **Email:** [**sobs.admin@care4free.net**](mailto:sobs.admin@care4free.net)  **Surrey branch:** [**sobsguildford@gmail.com**](mailto:sobsguildford@gmail.com) |
| **Cruse Bereavement Care** | **Adults affected by death** | **Mon-Fri: 9.30am-5pm**  **Tues/Wed/Thur:til 8pm** | **0808-8081677** | **Website:** [**cruse.org.uk**](http://www.cruse.org.uk)  **Email:** [**helpline@cruse.org.uk**](mailto:helpline@cruse.org.uk) |
| **Cruse** | **Surrey Heath & Waverley** | **Answerphone available** | **01483-565660** | **Website:** [**cruse.org.uk/South-West-Surrey-area**](http://www.cruse.org.uk/South-West-Surrey-area)  **Email:** [**southwestsurrey@cruse.org.uk**](mailto:southwestsurrey@cruse.org.uk) |
| **Cruse** | **South East Surrey** | **Answerphone available** | **01737-772834** | **Website:** [**cruse.org.uk/surrey-east-area**](http://www.cruse.org.uk/surrey-east-area)  **Email:** [**surrey.east@cruse.org.uk**](mailto:surrey.east@cruse.org.uk) |
| **Cruse** | **Epsom, Ewell & Mole Valley** | **Answerphone available** | **0208-3937238** | **Website:** [**cruse.org.uk/surrey-east-area**](http://www.cruse.org.uk/surrey-east-area)  **Email:** [**surrey.east@cruse.org.uk**](mailto:surrey.east@cruse.org.uk) |
| **Cruse** | **Surrey North** | **Answerphone available** | **01932-571177** | **Website:** [**cruse.org.uk/surrey-north-area**](http://www.cruse.org.uk/surrey-north-area)  **Email:** [**surreynorth@cruse.org.uk**](mailto:surreynorth@cruse.org.uk) |
| **Care for the Family: Bereaved Parent Support** | **Support following loss of a child** | **Mon:9.30-5pm**  **Tues-Thurs: 9-5pm**  **Fri: 9-4.30pm** | **029-2081 0800** | **Website:** [**careforthefamily.org.uk**](http://www.careforthefamily.org.uk)  **Email:** [**mail@cff.org.uk**](mailto:mail@cff.org.uk) |

**Bereavement Support for Children & Young People**

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| **Organisation** | **Who?** | **When** | **Telephone** | **Website/Email** |
| **Winston’s Wish** | **Support for children, young people & families** | **Mon-Fri: 9am-5pm (except bank holidays)**  **& Wed evenings**  **7pm - 9.30pm** | **0808-8020021** | [**Website:** **winstonswish.org.uk**](http://www.winstonswish.org.uk)  **Email:** [**info@winstonswish.org.uk**](mailto:info@winstonswish.org.uk) |
| **Jigsaw4u (south east)** | **Support for children, young people & families living in Surrey** | **Mon-Fri: 9am - 5pm** | **O208 687 1384**  **01342-313895** | **Website:** [**www.jigsaw4u.org.uk**](http://www.jigsaw4u.org.uk)  **Email:** [**info@jigsawsoutheast.org.uk**](mailto:info@jigsawsoutheast.org.uk) |
| **Grief Encounter** | **Support for children and their families** | **Mon-Fri: 9am - 5pm** | **0208-3718455** | **Website:** [**griefencounter.org.uk**](http://www.griefencounter.org.uk)  **Email:** [**contact@griefencounter.org.uk**](mailto:contact@griefencounter.org.uk) |
| **Hope Again**  **(Cruse Bereavement Care)** | **Support for bereaved Young People** | **Mon-Fri: 9.30am - 5pm** | **0808-808 1677** | **Website:** [**hopeagain.org.uk**](http://www.hopeagain.org.uk)  **Email:** [**hopeagain@cruse.org.uk**](mailto:hopeagain@cruse.org.uk) |
| **Seeds of Hope** | **Garden based at Guildford Cathedral**  **Helps children & young people with loss** | **Open 7 days per week** | **01483-547880**  **Telephone to arrange a Visit** | **Website:** [**seedsofhopechildrensgarden.co.uk**](http://www.seedsofhopechildrensgarden.co.uk)  **Email:**  [**seedsofhopechildrensgarden@yahoo.co.uk**](mailto:seedsofhopechildrensgarden@yahoo.co.uk) |